

Center for New Beginnings

FY 2016 \$1000.00

229 Cottage Street
Littleton, NH 03561

www.centerfornewbeginnings.org
info@centerfornewbeginnings.org

603-444-6465
FAX 603-444-6233

December 14, 2015

Dear North Country Neighbor:

For over 30 years the Center for New Beginnings has been quietly helping local individuals and families around the North Country, some of whom are your friends, family members, neighbors and employees, lead happier, more stable and productive lives. The Center was founded with a main focus of services to victims of domestic violence and sexual assault. Today our nonprofit organization is dedicated to improving the lives of people who struggle with depression, anxiety, grief, trauma, marital problems, and many other difficulties. The children and teenagers we see come to us with a myriad of challenges that reflect the social, cultural, and economic struggles of our time. *We are also working hard to answer the need of those suffering with addiction – a widespread problem.*

We are often asked “what makes you different from Northern Human Services?” We are not a federally funded community mental health center. We are an independent non-profit. We provide short term care for acute issues, rather than long term care for more chronic cases. There is a significant need for both types of services. We both have substantial wait lists. We are continuously looking to hire qualified providers.

Thankfully, with the Affordable Care Act, more and more of our clients have insurance coverage. However many of these policies carry high deductibles and co-pays. A deductible of three or five thousand dollars is not unusual – and for many this means getting help is out of their reach. This is when it is critical to offer a sliding scale program, which is where these charitable taxpayer contributions are used. With these funds, we are able to make treatment decisions based on mental health need, not financial consideration.

We are asking for your help to meet the needs of your community.

In 2015, The Center for New Beginnings provided services to 600 individuals. We logged 8200 patient appointments. Thirty-five of our clients reside in Franconia. We are asking for your help. We are requesting \$1000 from the town for the upcoming year. When we do have extra funds available, such as these town donations, we have the flexibility to assist our clients who have difficulty meeting their high deductibles or co-pays.

When people are mentally healthy they are productive and have a positive impact on their communities. They are more conscientious and attentive parents. And, they have a more committed work ethic. Healthy children do better in school, control behaviors that are disruptive in class, and grow up to be resilient adults. Individuals who are mentally stable are much less likely to commit crimes or wreak havoc among their families, coworkers, and acquaintances. Everyone benefits from a population that is mentally healthy.

*A Special Place for Children & Families. Excellent care and caring..
Individual, Group and Family Psychotherapy ~ Employee Assistance*

Center for New Beginnings

*229 Cottage Street
Littleton, NH 03561*

*www.centerfornewbeginnings.org
info@centerfornewbeginnings.org*

*603-444-6465
FAX 603-444-6233*

Please contact us if you would like to learn more about the counseling services we provide for individuals and their families, or our Employee Assistance Program, a confidential counseling and referral resource program for employees and their family members to help them deal with personal and work-related issues.

Good works have always relied upon the generosity of good people. Thank you for your support.

Sincerely,
Board of Directors
The Center for New Beginnings
Tony Poekert, Board Chairman, Dalton
Nancy Dickowski, Bethlehem

Lisa Romprey, Bath
Ellen Malessa, Easton
Susan Dunn, Littleton

*A Special Place for Children & Families. Excellent care and caring..
Individual, Group and Family Psychotherapy ~ Employee Assistance*

