



FY 2016  
1,500.00

*Supporting Aging in Community*

Horse Meadow Senior Center  
(N. Haverhill 787.2539)

Linwood Area Senior Services  
(Lincoln 745.4705)

Littleton Area Senior Center  
(Littleton 444.6050)

Mascoma Area Senior Center  
(Canaan 523.4333)

Newfound Area Senior Services  
(Bristol 744.8395)

Orford Area Senior Services  
(Orford 353.9107)

Plymouth Regional Senior Center  
(Plymouth 536.1204)

Upper Valley Senior Center  
(Lebanon 448.4213)

*Sponsoring*

SVP & The Volunteer Center  
(toll-free 877.711.7787)

ServiceLink of Grafton County  
(toll-free 866.634.9412)

*Grafton County  
Senior Citizens Council, Inc.  
is an equal opportunity provider.*

*2015-16 Board of Directors*

Jim Varnum, *President*

Patricia Brady, *Vice President*

Flora Meyer, *Treasurer*

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Becky Smith

Frank Thibodeau

*Tuck Revers Board Fellows*

Cesar Breder Chaves

Sintha Rajasingham

Roberta Berner, *Executive Director*

October 26, 2015

Board of Selectmen  
Town of Franconia  
PO Box 900  
Franconia, NH 03580

Dear Members of the Board of Selectmen:

Grafton County Senior Citizens Council, Inc. is requesting an appropriation in the amount of \$1,500.00 from the Town of Franconia for 2016. This represents a per capita amount of \$3.71 for each of the 404 Franconia residents aged 60 and older.

During FY2015, 60 older adults from your community received congregate or home delivered meals, used our transportation service, the services of our outreach worker or one or more of our other services designed to support the independence of older adults. In addition, 33 Franconia residents were assisted by Grafton County ServiceLink. GCSCC's cost to provide services for Franconia residents in 2014-2015 was \$17,931.38.

Enclosed is a report detailing services provided to your community during 2014-2015. Should you have questions or concerns about this report or our request, I would be most happy to meet with you to discuss our services in more detail.

We very much appreciate Franconia's support and look forward to serving older individuals in your community this coming year.

Sincerely,

Roberta Berner  
Executive Director

Enclosures

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10 Campbell Street • P.O. Box 433 • Lebanon, NH 03766  
phone: 603.448.4897 • fax: 603.448.3906 • www.gcsc.org



## Grafton County Senior Citizens Council, Inc.

Statistics for the Town of Franconia

October 1, 2014 to September 30, 2015

During the fiscal year, GCSCC served 60 Franconia residents (out of 404 residents over 60, 2010 U.S. Census). ServiceLink served 33 Franconia residents.

<u>Services</u>	<u>Type of Service</u>	Units of Service	x	<u>Unit (1) Cost</u>	=	<u>Total Cost of Service</u>
Congregate/Home Delivered	Meals	1,745	x	\$9.31	\$	16,245.95
Transportation	Trips	11	x	\$14.84	\$	163.24
Social Services	Half-hours	12.5	x	\$22.89	\$	286.13
ServiceLink	Contacts	54	x	\$22.89	\$	1,236.06
Activities		456		N/A		

Number of Franconia volunteers: 12. Number of Volunteer Hours: 1,191

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GCSCC cost to provide services for Franconia residents only	\$	<u>17,931.38</u>
Request for Senior Services for 2015	\$	1,500.00
Received from Town of Franconia for 2015	\$	1,250.00
Request for Senior Services for 2016	\$	<u>1,500.00</u>

**NOTE:**

1. Unit cost from GCSCC Statement of Revenue and Expenses for October 1, 2014 to September 30, 2015.
2. Services were funded by federal and state programs, 53.5%; local government, 11%; client donations, 10%; charitable contributions, 13%; grants and contracts, 9.5%; other, 3%.





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## GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC.

### ANNUAL REPORT 2015

Grafton County Senior Citizens Council, Inc. is a private nonprofit organization that provides programs and services to support the health and well being of our communities' older citizens. The Council's programs enable elderly individuals to remain independent in their own homes and communities for as long as possible.

The Council operates eight senior centers in Plymouth, Littleton, Canaan, Lebanon, Bristol, Orford, Haverhill and Lincoln; and sponsors the Grafton County ServiceLink Resource Center and RSVP and the Volunteer Center. Through the centers, ServiceLink and RSVP, older adults and their families take part in a range of community-based long-term services including home delivered meals, community dining programs, transportation, outreach and counseling, chore/home repair services, recreational and educational programs, and volunteer opportunities.

During 2014-15, 60 older residents of Franconia were served by one or more of the Council's programs offered through the Littleton Area Senior Center and 33 were assisted by ServiceLink:

- Older adults from Franconia enjoyed 430 balanced meals in the company of friends in the center's dining room.
- They received 1,315 hot, nourishing meals delivered to their homes by caring volunteers.
- Franconia residents were transported to health care providers or other community resources on 11 occasions by our lift-equipped buses.
- They received assistance with problems, crises or issues of long-term care through 13 visits with a trained outreach worker and 54 contacts with ServiceLink.
- Franconia's citizens also volunteered to put their talents and skills to work for a better community through 1,191 hours of volunteer service.

The cost to provide Council services for Franconia residents in 2014-15 was \$17,931.38.

Such services can be critical to elderly individuals who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty, saving tax dollars that would otherwise be expended for nursing home care. They also contribute to a higher quality of life for older friends and neighbors. As our population grows older, supportive services such as those offered by the Council become even more critical. *Franconia's population over age 60 increased by 83.6% over the past 20 years according to U.S. Census data from 1990 to 2010.*

Grafton County Senior Citizens Council very much appreciates Franconia's support for our programs that enhance the independence and dignity of older citizens and enable them to meet the challenges of aging in the security and comfort of their own communities and homes.

Roberta Berner, Executive Director

10 Campbell Street • P.O. Box 433 • Lebanon, NH 03766  
phone: 603.448.4897 • fax: 603.448.3906 • www.gcsc.org



SUMMARY INFORMATION

From Statistical and Financial Statements for GCSCC

October 1, 2014-September 30, 2015

<u>Service</u>	<u>Individuals Served</u>	<u>Units Served</u>	<u>Cost/Unit</u>
Senior Center (Congregate) Meals	3,924	75,005 meals	\$9.37
Home Delivered Meals	797	129,601 meals	\$9.24
Transportation (Trips)	1,013	40,292 rides	\$14.84
Social Services (1/2 Hours)	825	5,610.5 ½ hours	\$22.89
ServiceLink	2,726	6,863 contacts	\$22.89
Activities*	2,810	49,652 activities	N/A
*Includes RSVP activities: chore assistance, Bone Builders, telephone reassurance			
Volunteer Service**	1,000	63,072 hours	N/A
**Includes students, senior employment volunteers			

**Unduplicated Individuals**  
**6,582: GCSCC meals, trips, social services, activities, volunteers**  
**2,726: ServiceLink Resource Center of Grafton County**

